



A healthy self image for Women & Men

Are your supplements working for you?

Australians are investing hundreds of millions of dollars in nutritional supplements. Unless you have some serious technology, you simply rely on how you feel and that is not very scientific.

RDC Spa now has the technology to tell you.

We are excited to announce that we have the Pharmanex Biophotonic Scanner. It is the world's first non-invasive measuring tool that provides immediate evidence of carotenoid antioxidant activity in your body. It is completely painless, takes four minutes; is approved by the TGA and has been scientifically validated in many studies.

This genuine miracle of modern Science has been recently developed in the USA and it is the only system of its type in the World and Pharmanex has sole rights to it. The technology has been around for decades but it has only recently been made portable and easy to use. It has been shown to be comparable with other invasive, expensive and inconvenient traditional methods of determining antioxidant levels.

After scanning your skin with a laser, the system immediately gives you a Skin Carotenoid Score. This score gives a relationship to your antioxidant defence system. As you know this is intimately linked to your ability to resist degenerative and inflammatory diseases.

Free radical damage is a major component of ageing and susceptibility to degenerative diseases. Antioxidants fight free radical damage. Unfortunately the nutritional quality of our 'normal' food is not up to the demands of modern life and does not supply us with enough antioxidants. Recently published studies indicate supplementation is necessary for virtually everyone in the Western societies.

To eat enough good food to provide antioxidants in amounts equivalent to a good supplementation regime, you would have to consume many bucket loads. Even a good diet of organic fruit and vegetables would not be sufficient to counteract the free radical stresses of our world. Good antioxidant levels provide a much better chance of avoiding serious degenerative diseases and the negative effects of ageing.

Ring our qualified therapists for an appointment or for further information.



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